REFLECTION #1: MY VALUES NAME:

Use the "TOP TEN VALU-ABLES" Activity and the following questions to help you write a 1-page reflection about your VALUES. What are your most important values and why? What possible influences have contributed to your values? Who or what influenced your values in the past? Who or what influences most you today? How have your values changed over time? Do you think your values will change as you become an adult? Why or why not?