# Unit 1: My Values, My Future

# **Learning Targets**

- Identify and reflect on personal values that may affect financial choices.
- \*Use personal values to imagine one's future life.



#### Dream Catcher

- Symbol of Native American culture
- A Spider Woman took care of all children but as they spread throughout North America, she could no longer reach them all to project them.
- So Grandmothers wove magical webs to hang over their sleeping grandchildren.
- Lakota tradition says that nightmares pass through the holes in the web and out the windows, while the good dreams are trapped in the web and then slide down the feathers to the sleeping children.

- This class is about dreams and how we can help them come true by
  - making wise decisions
  - •setting SMART goals, and planning for the future.
- •The first step is recognizing what we think matters most in life.
- These are called our values.

## Roll Out My Future Game

- For each category, roll the die to determine what your final outcome would be.
- Roll the die, and cross out the number that is rolled.
  - For example: In the housing category, if you roll a 2 you would cross out the word "Mansion".
- Continue until you have rolled the die enough times to have only one option remaining. This will be your final outcome for each category.
  - Circle your final outcome.

# Roll Out My Future Game Debrief

Discuss with your group:

- What housing option would you have chosen?
- What could be done to achieve this standard of living?
- Is having a car necessary?
- Are there ways that transportation costs could be reduced?
- What level of education would you have liked to pursue?
- What are ways to begin preparing yourself this level of attainment?

- Were you satisfied with the final GPA you rolled?
- If not, what GPA would you have been satisfied with an how might you work toward that goal?
- Did you feel that the family you rolled was what you envisioned for yourself? Explain.
- What type of financial situation did you roll?
- Could you support yourself comfortable, given this financial scenario?
- Do you believe the type of activities you rolled would enhance your life?
- What are example of activities not listed that you would enjoy participating in?

- Without goals, life becomes a toss of the die.
- We forfeit the right to be in control of our future.
- But with some planning and goals, we have more control of our destiny.
- •We can't control all aspects of our future, but with planning and goals we have a much greater likelihood of attaining the life we envision for ourselves and our families.

- Carnegie Mellon University (Pittsburg, PN) professors asked various professors to speak on this topic:
- "What wisdom would you try to impart to the world if you knew it was your last chance?"
- Question was for real for Professor Randy Pausch because he was dying of pancreatic cancer.
- His speech became known as the "Last Lecture" and it was expanded into a book by the same name.
- In October of 2007, Professor Pausch gave an abbreviated version of the speech about achieving your childhood dreams.

## https://www.youtube.com/watch?v=WngL4Cx AaQY

### Pair-Share

1. Randy Pausch's childhood dreams included playing in the NFL and becoming an imaginer for the Disney Corporation. When you were a child, say 6-10 years old, what were some of you vour "childhood" dreams? Which dreams are on your list today?

#### Pair-Share

- 2. Randy said that "brick walls that are in our way, are there for a reason. They aren't there to keep us out; they are there to give us a way to show how much we want it. "?
- Tell your partner about a time when you had to break through a brick wall in order to achieve your dream. OR (if you're really brave) tell about a time when the brick wall was just too strong and you gave up on a dream.

## Pair-Share

3. One day after Peewee football practice, Randy's coach had been especially tough on him, but he came to understand that his coach cared enough about him to help him get better. What do you think Randy meant when he said: "When you're doing a bad job and nobody points it out to you, that's when they've given up on you? Tell your partner about someone who helped you achieve a dream OR (if your still feeling brave) tell about a time when you felt that someone gave up on you or when you gave up on a dream.

20/20 clip of Randy's last childhood dream coming true:

https://www.youtube.com/watch?v=j-a7LRwqwNw

(Watch only from 30:-45 to end)

- Top Ten Valuables Activity
- Write Reflection #1

#### Write Reflection #1